

## Washington CH HS Invitational April 17<sup>th</sup>, 2015

### Teams

1. **Washington CH**
2. **Greenfield McClain**
3. **Circleville**
4. **Hillsboro**
5. **Chillicothe**
6. **Grandview Hts**
7. **Blanchester**
8. **Miami Trace**
9. **Vinton County**
10. **Washington CH B**
11. **Minford**
12. **Unioto**

Coaches welcome to our annual Washington CH HS Invite

**Entry Fee:** \$150.00 both boys and girls

**ENTRY SHEET** This year we will be entering via the internet. Please go to <http://www.baumspage.com/track/index.php> and follow directions\*. You must Click on the Washington CH High school Invitational. It will be on the Rightside under the High school meets. Have your lineups in by 9:00 pm Thursday April 16<sup>th</sup>, 2015. You may make changes any time up until then.

**ADMISSION** Adults: \$5.00 Students: \$3.00

**RULES** National Federation, OHSSA rules will be enforced

**SCRATCHES AND SUBSTITUTIONS** **There will be a scratch and substitution window open until Friday April 17<sup>th</sup> at 11:00am.** We will allow substitutions the day of the meet.

**TIME SCHEDULE AND EVENTS** There will not be a specified time schedule for events. Please have your athletes listen to calls from the PA announcer and be prepared to compete.

Coach's meeting at 4:15 pm.

**Field Events begin at 4:30 pm.**

Running Finals begin at 5:00pm.

**Coaches**

**Team Camps may be set up on the Back side of the track.  
Or near the Garage. None Near the Pole Vault Area.**

**PRELIM SCHEDULE:**

None

**FINALS SCHEDULE**

All events will run as finals. Events with two(three when necessary) heats will be run as fast heat then slow heat.

4:30 Field events

Girls shot

Boys discus

Boys long jump open pit 1 hour ends at 5:30pm

Girls High Jump Opening Ht 4'2. Boys opening 5'2

Girls Pole Vault Opening HT 6. Boys opening height 8

4:45 boys and girls steeple chase

5:00

4x800

100/110 hurdles

100

4x200

1600

4x100

400

300 hurdles

800

200

3200

4x400

**FIELD EVENTS**

**If your athlete must check out from a field event, they must wait till 2<sup>nd</sup> call, after completing there event they have 10 minutes to come and check back in or we will move on at the event without them!**

**Discus:** Men then Women: 4 throws – no finals  
**Shot put:** Girls then Men : 4 throws – no finals

**High Jump:** Women then men:  
Starting height men: 5'2  
Starting height women: 4'2

**Long Jump:** Men then women: 4 jumps – no finals  
(we will run open pit)

**Pole Vault:** Women then men:  
Starting height men 8'6  
Starting height women: 6

**Awards Note**

**\*When the meet ends report to the pressbox to pick up your awards packet.**

**TEAM AWARDS**

Champion and runner-up trophies for both men's and women's teams.

**High Point Award for both men and Women**

**INDIVIDUAL AWARDS**

Medals for 1<sup>st</sup>,  
Ribbons for 2<sup>nd</sup> thru 8<sup>th</sup> place

**SCORING**

10 – 8 – 6 – 5 – 4 – 3 – 2 – 1

**Questions Contact**

Louis Reid  
Varsity Girls Coach  
Work 740-606-4221  
Home 740-606-5393